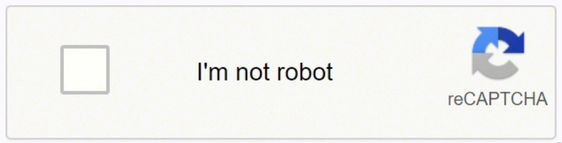

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What does blinking red light mean

FMNelly/Pixabay The red cardinal has many symbolic meanings to people of different cultures and faiths. In Christianity, for example, it may represent the fire and vitality of the holy spirit as well as the blood of Christ. It can also represent hope and restoration, providing people who are down on their luck motivated so that they don't give up hope. Some Christians even believe that a cardinal sighting is a message from God or a loved one who has died. Despite these beliefs, cardinals aren't mentioned in the Christian Bible.Cardinals and Relationships Male and female cardinals typically have strong relationships and often mate for life. The males woo the females by bringing them seeds and feeding it to them, a move some say looks like the birds are kissing. They live in the same areas their entire lives and raise their chicks as a family unit. For this reason, some people believe that cardinals bring good luck to a person's relationship and home life. They may also represent security and happiness to some. Cardinals and Death of a Loved One Even beyond the Christian faith, some people believe the cardinal is a messenger from a deceased loved one. For these people, a sighting is a sign that the loved one who has passed on is thinking about them or sending them a message. Alternatively, some people believe that if a cardinal smacks into their windows, it's a sign that someone they know will die soon. Cherokee Culture Red cardinals were important to many Native American cultures, including the Cherokee. They believed the red bird was the daughter of the sun and associated it with their own creation stories. For the Cherokee, seeing a red cardinal flying towards the sun is a sign of good luck. Choctaw Culture The Choctaw people believed that a cardinal was a symbol for changes in relationships. If you were in a relationship that wasn't working out, a cardinal was a sign that it was time to make some changes. If you were single, a cardinal was a sign that you wouldn't be single for much longer. Other Native American Cultures Other Native American cultures had their own beliefs regarding the red birds. They believed the birds offered them protection from everything from illnesses to enemies. Some believed cardinals predicted the weather, even though the birds are nonmigratory. Cardinals and Catholicism While people of the Catholic faith do not have a direct relationship to cardinals or their symbolism, Catholicism is where these red birds got their names. Colonists saw the birds and felt their red feathers reminded them of the red robes worn by Catholic Cardinals. Others have called the birds redbirds, crested redbirds, Virginia nightingales, and red blue jays. Cardinals as State Birds Cardinals are so popular in the United States that many states have named the northern cardinal the official state bird. They include Kentucky, Indiana, West Virginia, Virginia, Ohio, Illinois, and North Carolina. Cardinals as Sports Teams Cardinals have even become mascots for many professional and college sports teams in the U.S. Major League Baseball has the St. Louis Cardinals while the National Football League has the Arizona Cardinals (formerly of both Chicago and St. Louis). Some colleges that have adopted the bird as their mascots include Ball State University, Wesleyan University, Lamar University, the University of Louisville, and Concordia University. MORE FROM REFERENCE.COM The Blink Video Doorbell flashes a red LED on the ring surrounding the doorbell button when it is seeking connection. During setup, and change of system or Wi-Fi, the red LED shows if the doorbell is ready to connect. If the red LED is not flashing as expected, remove one battery for five seconds and replace it. The LED should begin flashing.Blink MiniA red light on the Blink Mini shows when the camera is not connected to the internet.The red light also appears during the camera setup process. The red light should be replaced by a blinking green and a solid blue light when the connection is complete.If a steady red light remains, use a thin object to press the reset button shown in the image (using a sharp object like pin or thumb tack can damage the camera) then wait for the red light to change to the blinking green and steady blue pattern. Blink Mini reset button location If the red light does not change within 120 seconds, please contact support to ensure all updates complete correctly.Blink Outdoor, Indoor, XT2, and XTBattery powered Blink cameras quickly flash a red LED every 3 seconds when disconnected from the internet.When you first insert batteries, the red LED shows 5 long flashes and then repeats a short flash every three seconds, until an internet connection is established. If you do not see 5 long flashes, insert a fresh pair of Lithium non-rechargeable AA batteries.It is also possible to see a brief red flash during motion detection.If the flashing camera is new, you may tap the Add Device icon + in the Blink app and follow the directions.If the camera has already been set up, visit the troubleshooting Wi-Fi Connections page. You may also click for instructions to reset the camera Wi-Fi. Another option is to delete the camera and add it to a system again.Outdoor/Indoor (gen 2) Camera showing LED on left, and IR emitter on the right.When the batteries are failing, the camera LED flashes Red 5 or 6 times after the Blue recording light goes out. Please make sure you have 2 fresh size AA 1.5 volt Lithium non-rechargeable batteries installed. Reset button Device Serial Number Serial Number QR code USB power port If the red LED stays on, please contact support. Photo Courtesy: [Godisable Jacob/Pexels] Ever wake up after a vivid dream and wonder where it came from and what it all means? Dream analysis is often used as part of psychoanalysis. This type of therapy looks into the interaction between the conscious and unconscious mind. Dreaming about a woman in a red dress could have several meanings. It could be your brain's way of helping you forget something that you've seen. Or it could have a more complex meaning.The Science of Dream Analysis People have been trying to find the meaning behind dreams for centuries. In ancient Egypt, they thought dreams were another way of talking with the gods. They also thought dreams offered a way of seeing the future. Sigmund Freud thought that dreams were a way of working through the desires that you've repressed. Modern scientists have used imaging tests like MRIs to gain a handle on dreams. The science of the 21st century suggests that dreams are a tool for your brain to get rid of some of the excess data you've taken in. They could also be an early warning system, alerting us to danger or a way to consolidate information, according to Time. The Data Dump Theory If your brain is like one big computer, it's possible that dreams are the human version of a data dump. Scientists estimate that humans take in loads of images and scraps of information every day. Of that, you only recall somewhere around 90 percent. The theory stands that dreams are a way of getting rid of all that extra data. Perhaps you saw a woman in a red dress sometime during the day or something that reminded you of the image. Your dream about a woman in a red dress could just be the brain's way of evicting the image. The Color Red Colors can have their own meaning outside of any other elements in a dream. Because they're so subjective, it helps to consider what the color means to you. It could remind you of a person, a place or an emotion. It's tied to deep emotions and spirituality in some cases. In dream analysis, the color red often represents raw energy, power and passion. Other possible meanings include: Courage Impulses Anger Danger Violence Rejection Seeing a Woman in a Dress According to some interpretations, if you ever dream that you're wearing a dress, it could be a sign of obedience or a lack of control. If you dream of an attractive woman wearing a dress, it could represent some desirable part of your life that's serving your needs. A red dress is like a red flag. Dreaming of a red dress represents some level of obedience or compliance that's not good for you. It could be a bad habit or it could be a negative situation that's out of your control. MORE FROM REFERENCE.COM Photo Courtesy: Marvel Studios/The Walt Disney Studios/IMDb For beach-goers, experts always recommend a healthy coating of sunscreen to protect the skin from those pesky ultraviolet (UV) rays. But sunlight contains more than just UV light. In fact, it's made up of red, green, yellow, blue and orange light rays, which combine to create "white light" (a.k.a. sunlight). If you haven't sat through a high school chemistry class in a while, no worries. We'll break down the important stuff — without getting too scientific. As the name suggests, visible light can be seen by the human eye, and each ray reflects a particular color. The color of a given ray depends on said ray's wavelength (see the graphic below) — or the distance between successive crests of a wave. (Side note: This means that objects get their colors through the wavelength of the light that is reflected from them. Trust us — don't think too hard about it. Things get trippy.) Another important relationship to note is that of wavelengths and energy: The longer the distance between waves, the less energy a ray has to offer. Think of it this way — if the wave crests are farther apart, they're a bit lackadaisical, but if the crests come in rapid succession, there's a frenzy of energy there. All of this means rays on the red end of the visible light spectrum have longer wavelengths and less energy, whereas rays on the blue end have shorter wavelengths and more energy. UV rays, which aren't on the visible light spectrum, surpass blue light in terms of how much energy they contain. That incredible amount of energy is how those rays are able to create a physical change, like tanning (or burning) one's skin. In moderation ultraviolet radiation can be good for us (think vitamin D!), but, on the other hand, it can also produce some devastating effects (think sunburn and snow blindness!).How Does Blue Light Impact One's Health?But what about blue light — these visible rays that are a few notches below harmful UV rays? Well, approximately one-third of all visible light is considered high-energy visible (HEV) blue light. Blue light is literally why the sky appears blue: These rays scatter more easily than other visible rays of light when they strike the atmosphere's air and water molecules — and all that scattering makes the sky that vibrant blue. Photo Courtesy: Wikimedia Commons There's no escaping it, especially because daylight is our main source of blue light. But it's not all bad: Experiencing blue light during the daytime helps regulate one's circadian rhythms, makes one more alert, elevates cognitive function, promotes good recall and is even used in light therapy to treat seasonal affective disorder (SAD). However, human-made objects — including LED lights and display screens on flat-screen TVs, computers and smartphones — emit blue light too. Although these devices only emit a fraction of the blue light the sun emits, researchers and doctors have still voiced concerns about patients' excessive screen time in recent years. Perhaps surprisingly, the human eye is pretty great at protecting the retina from UV rays, but blue light is a different story. Virtually all of it penetrates the light-sensitive retina, causing damage that approximates macular degeneration — a condition that can lead to vision loss. In addition to potentially harming your eyes over time, blue light can also lead to eye strain. If you've ever ended up with a wicked headache after staring intensely at an Excel spreadsheet for hours, you're probably familiar with that particular discomfort. When we noted how blue light contributes to the sky looking blue, we mentioned that this is so because of how blue light scatters. Well, according to All About Vision, this same scattering of the blue light that emanates from screens makes for "unfocused visual 'noise' [that] reduces contrast and can contribute to digital eye strain." If you don't suffer from eye strain due to increased exposure to blue light, these inescapable rays may still have adverse effects on your health. Any sort of light — regardless of where it falls on the spectrum — can suppress the human body's ability to release melatonin, the hormone that regulates sleep cycles. However, it's thought that blue light quashes melatonin secretion even more than other hues do. Researchers at Harvard University compared the effects of blue and green light exposure and found that "blue light suppresses melatonin [secretion] for about twice as long as the green light and shifted circadian rhythms by twice as much."It's a Blue, Blue WorldBluTech, a company that manufactures special blue light-filtering lenses, reports that "43% of adults have a job that requires prolonged use of a tablet or computer" — and that's just while said adults are on the clock. Factor in all that time we spend online, texting and marathoning Netflix, and adults spend roughly 12 hours a day looking at screens and taking in blue light. So, how can you mitigate the harmful effects of prolonged exposure to blue light? Photo Courtesy: @felixgrays/Twitter Well, these blue light-filtering lenses are becoming all the rage. Although not as ubiquitous as Away suitcases or Blue Apron commercials, you've probably heard commercials for blue light-filtering specs from Felix Gray or Warby Parker on your favorite podcast or radio talk show. Felix Gray glasses, for example, pride themselves on having a blue light-filtering material embedded inside, which the company says will curb eye strain, headaches and sleep disruption. If you're not into the glasses route, experts recommend taking screen breaks, both at work and at home; keeping screens clean to reduce glare and further eye strain; changing your abrasive white display background to something less bright; blinking more often; and avoiding screens for at least 30 minutes to an hour before bed because screens stimulate your brain. Maybe it's time to trade that fancy blue light-emitting tablet for a Kindle Paperwhite, or, you know, a good old-fashioned book. MORE FROM FAQTOIDS.COM

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